



*Kelley  
Poling*

Actress | Model | Stage Combatant  
Classical Fencer | Musician

ABOUT

# Kelley

Cleveland Ohio-born Kelley Poling has transitioned from being one of the top bathing suit and athletic models of the late 90's to working as an actress in film and television today. As a model, Kelley worked on campaigns with Hawaiian Tropic, Nike, Yamaha, and Harley Davidson. For a year between her modeling days and her acting career, she was on tour with Madonna.

Having grown up in a military family, she is also a marksman with handguns, rifles, and archery. Kelley is also trained in automatic weapons and martial arts techniques specific to film and television.

When not filming, she travels the world as a competitive Classical Fencer and is proficient with foil, small-sword, dueling sword, rapier, and sabre. Poling has been training for more than 20 years in New York with Maestri Jeannette Acosta Martinez and Ray Martinez of the prestigious Martinez Academy of Arms.

For fun, she surfs, runs 5k races, and performs Celtic/Scottish music.

*[kelleypoling.com](http://kelleypoling.com)*



# PRESS



**THIS WEEK - BIRTHDAY COMMENTARY NEWS**

**JACK COOK**  
**R-LEE BABID**  
**BY BIVUS**

"Hello everyone - it's Jack. Last week I had the absolute pleasure of interviewing another great cast member from the upcoming film *Starlight*. Being 'Pony' who is an absolute legend. She played in *Empire of the Sun*. One thing that everybody is going to be proud of they had and really enjoyed filming this movie.

She also had the honor of working with the cast and crew of *Starlight*. She also worked on the set of *White House* and, as well, mentioned the in a *Times* article about the set of *Starlight* on the other great cast members who are in the film. She said the character Coach was being portrayed by her.



**M Medium**

**Rising Star Actress Kelley Poling On The Five Things You Need To Shine In The Entertainment Industry**

You don't have to be 20 something to be an actor in tv and film, you can start at any age and still have a career. It's important to get some outside experience. It makes the acting world richer and you have real experiences to "pull" from.

**TheStyleResearcher Magazine**  
Finding inner style and feelings

**A Star on The Rise**  
**Actress & Musician**  
**Kelley Poling**

**MY MORNING Coffee**

**Hosts:**  
Tonya McKenzie & Go Sneed

**Guest:**  
Kelley Poling  
Actress | stunt woman  
Celtic Musician  
kelleyjpoling.com

**Topics:**

- How do you start a successful acting career after 40 years old?
- The life of a professional stuntwoman
- Post Trauma Recovery offer a terrible wreck

Apple Podcasts

**Rising Star Kelley Poling On The Five Things You Need To Shine In The Entertainment Industry**

I am working hard to change the perception of what "beauty" is. By being an older woman in the industry with physical scars and adventurous choices to act, I hope to inspire young women to aspire to something greater and not be afraid of aging. I also like to bring attention to charities that find new help and awareness. I give my time as a public relations and marketing person to help charities that need a

**THRIVE GLOBAL**

**AUTHORITY MAGAZINE**

**ACTION ADDICTS PODCAST**

**WOW! CREATIONS**

**CHIC COMPASS**

**DC dailyceleb**

**Medium**

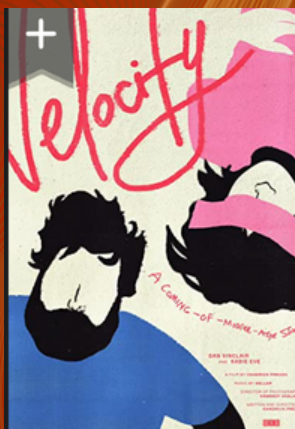
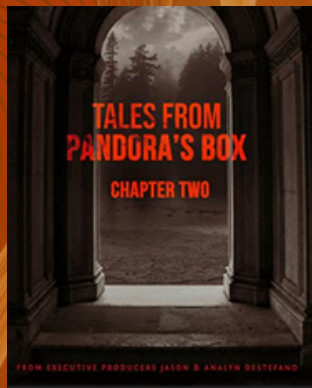
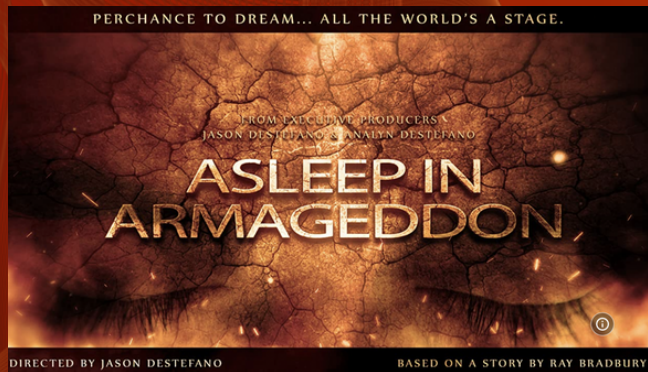
**THE ARTIST PROJECT**

**NEWS4USONLINE**

**Brunch**  
with Courtney Perna



# UPCOMING PROJECTS



# Stunts

## EXPERIENCE



Growing up in a military family, Kelley learned weapon skills & safety from her father at a very young age. After college, she attended a prestigious academy, *The Martinez Academy of Arms in New York*, for historical fencing training. She continues to train in their Los Angeles facility twice a week for competitive fencing tournaments all over the world. Kelley is the VP of *The Association for Historical Fencing*, a non-profit that educates the public on all aspects of historical swords and fencing.

Currently, Kelley trains weekly in formal firearm safety & skills with retired Marine Sergeant, Tien Nguyen. She is NRA certified in both pistol & rifle safety. With renowned trainers Anthony & Mary DeLongis, she trains 3x a week on various types of stage & screen combat skills, Shinkendo, whip, and horseback riding at their ranch, Rancho Indalo.

Kelley has studied fight training & choreography with Art Camacho, Jacov Bresler, and Olivier Gruner for various films. Her training is varied and always ongoing.

# Fencing

## EXPERIENCE

THE STYLE  
RESEARCHER



(c) Isabelle Ruen

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## SPECIAL TRAINING SKILLS

- Action & stunt, horseback riding, weapons
- Whip
- Weapons Safety Certification & Competition Training (pistol & rifle)
- Classical Fencing, Sword, and Knife (25 years)
- Historical Weapons for Stage (3 years)
- Combat Violin/Celtic Fiddle
- Classical Violin
- Language Studies: Gaelic, French



# Performance EXPERIENCE



## *Musical Influence*

Kelley, An American Fiddler, has many musicians and composers that have shaped her interest in music, but her favorites are Alastair Fraser, Bonnie Rideout, and Natalie MacMaster. Her favorite style to play is traditional Scottish and Irish music or Gaelic folk, with her musician friends from the Highlands of Scotland. Every year she travels to parts of the United States and Scotland to learn new music, play in traditional Ceilidhs, and get on stage with a few traditional folk musicians. She can be seen playing in Edinburgh and on the Isle of Skye in Scotland. She has also been seen on a few stages in Bar Harbor, Maine with some award-winning artists playing American country and celtic music.

## *Celtic/Scottish*

Kelley has travelled all over Europe with her fiddle and her swords, stopping most often in Scotland in Edinburgh, Glasgow, and the Isle of Skye. If she is not training and competing in Classical fencing at a huge castle near a major European city, she is learning new songs and playing on stage or in a ceilidh with her fiddle.



## *Performance* LOCATIONS

Delray Beach, Florida  
Bar Harbour, Maine  
Edinburgh, Scotland  
Isle of Skye, Scotland  
Glasgow, Scotland  
Los Angeles, California



# Charity SERVICES

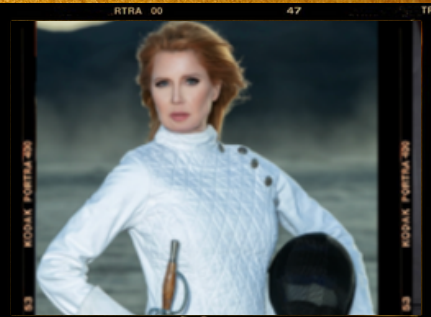


Kelley has always made time to advocate for causes she cares about. She is a Fundamentals for Foster Care youth mentor, and has written press releases for Fisher House, Intrepid Aircraft Carrier Museum, Center for the Intrepid, and other military services in need of marketing.

Kelley has a heart for animals, donating to and raising awareness for "Beagle Freedom Project" to help rescue beagles from testing labs, and she is a regular donor to ASPCA and no kill Shelters. Kelley also puts her best foot forward running 5K's for breast cancer awareness.



# Behind THE SCENES



@kelleypoling

**IMDb**

nm10298333



kelley.poling



kelleypoling



3,536 Followers



# *Get in Touch*

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